Epidemiological Catchment Area study of Montreal South-West

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Date: February 12th 2009

Goal of the study: To optimise mental health services and social support within the community and to improve quality of life

Objectives:

- Explore the relationships and interactions between personal and social determinants, the ecology of neighbourhoods and mental health
- Measure the incidence and the prevalence of psychological distress, mental health disorders and suicidal behaviour
- Identify the conditions that facilitate the social integration of individuals with mental illnesses
- Evaluate needs, adequacy and the quality of available mental health services

Method: Longitudinal community survey

- Random sample of citizens aged 15 to 65 years, n = 2,435
  Pointe-Saint-Charles / Saint-Henri / Verdun / LaSalle / Lachine / Dorval
- Structured interviews (±/- 2 h)

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