Goal of the study:

To optimise mental health services and social support within the community and to improve quality of life. This work is ongoing: half of the second data collection is completed, with 1200 surveys completed. Data collection should be completed by July 2010, with preliminary results available by the end of this year.

Objectives:

- Explore the relationships and interactions between personal and social determinants, the ecology of neighbourhoods and mental health
- Measure the incidence and the prevalence of psychological distress, mental health disorders and suicidal behaviour
- Identify the conditions that facilitate the social integration of individuals with mental illnesses
- Evaluate needs, adequacy and the quality of available mental health services

Method: Longitudinal community survey

- Random sample of citizens aged 15 to 65 years, n = 2 434
- Pointe-Saint-Charles / Saint-Henri / Verdun / LaSalle / Lachine / Dorval
- Structured interviews (+/- 2 h)
- Cycle II: (July 2009 – July 2010)

For Information:
Danielle Routhier, coordinator of the CIHR team in Social and Psychiatric Epidemiology, Psychosocial Division, Douglas Mental Health University Institute, 514.731.6131 #3461,
danielle.routhier@douglas.mcgill.ca, www.douglasrecherche.qc.ca